
ANNUAL REPORT

**KINMOUNT
DISTRICT
HEALTH
SERVICES
FOUNDATION**

**FISCAL YEAR
2024/2025**

Message from the Chair

This year, we are proud to celebrate the addition of Dr. Van Der Leden, who joined the Kinmount District Health Centre in February. Her recruitment was made possible through extensive efforts by Foundation directors, years of fundraising, and a strong focus on promoting Kinmount as a welcoming and vibrant community. With a second doctor on staff, the Health Centre now serves significantly more people in our community.

It takes a great deal of collaboration to successfully recruit healthcare professionals and to maintain a multidisciplinary health centre in rural Ontario. On behalf of the Foundation directors and the community we serve, I would like to express our sincere appreciation to the following:

- The Municipality of Trent Lakes for providing the health centre building
- The Kawartha Lakes Health Care Initiative and Haliburton County for recruitment financial support
- Kemi Oyefeso, our advisor at Ontario Health, and her team for their expert guidance
- The physician recruiters in the City of Kawartha Lakes, Haliburton County, and Peterborough County, for sharing their time and expertise
- The Kawartha Lakes and Haliburton Ontario Health Team for their continued support
- The many individuals and businesses whose financial support sustains the Foundation
- Our invaluable volunteers and community partners, whose time and efforts make a meaningful difference

Most importantly, we are profoundly grateful for the dedicated staff at the health centre. Their commitment and care are the foundation of our healthcare services.

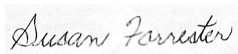
While physician recruitment and staff retention remain our top priorities, we are also actively working with community groups and healthcare organizations to expand health and wellness programs in the area.

The Foundation is composed of an exemplary team of volunteers dedicated to ensuring that Kinmount and area residents have access to essential health services close to home. It has been an honour and a pleasure to serve as Chair.

I would also like to extend a special thank you for many years of service to Donna Peneycad and Barbara Millington who retired from the Board of Directors this year.

I am pleased that Lois O'Neill-Jackson will be Chair for the fiscal year 2025-26. With her wealth of experience and expertise, the Foundation is in excellent hands.

Thank you all for your continued support and dedication.



Susan Forrester
KDHSF Chair, 2024-25



Introduction

Who we are

The Kinmount District Health Services Foundation (KDHSF):

- Is an incorporated not-for-profit registered charity governed in accordance with the Ontario Not-for-profit Corporations Act (ONCA)
- Is composed of volunteers from the community, representing the three municipalities served by the Health Centre
- Supports the Kinmount and District Health Centre (KDHC) through fundraising, physician recruitment, facilities support and community outreach
- Holds two annual fundraisers: The Journey for Health, always held the 2nd Sunday in August in Austin Sawmill Heritage Park and a Christmas Appeal campaign

Our mission

A trusted charity advocating for health care services in the community we serve

Our strategic goals

Recruit and Retain Sufficient Staff at Kinmount and District Health Centre

In February, 2025, Dr. Van Der Leden joined Dr. Ponraja at the health centre. Physiotherapist Vivian Wong-Svoboda; dental hygienist Mya Musselman; foot care nurses Wendy West and Mackenzie West; and RPN Jacquie Currins, all continue to provide vital health care services to area residents. We are so fortunate to have the dedicated staff of Kinmount Pharmacy on-site.



**Kinmount Gazette** Kinmount Community
From the KDHSF by Sue Butts
It is March and I hope everyone can see the light at the end of all this snow. What a good old fashioned winter we have had. Bring on spring! The Foundation would like you to:
SAVE THE DATE
Saturday April 5
MUSIC NIGHT 7 - 9 pm
We are sponsoring an evening as a Community Event to thank everyone for the support you have given to Kinmount and District Health Services Foundation this year.

Welcome Dr. Van Der Leden
We thank you from the bottom of our hearts.

Increase Awareness and Visibility of the Foundation

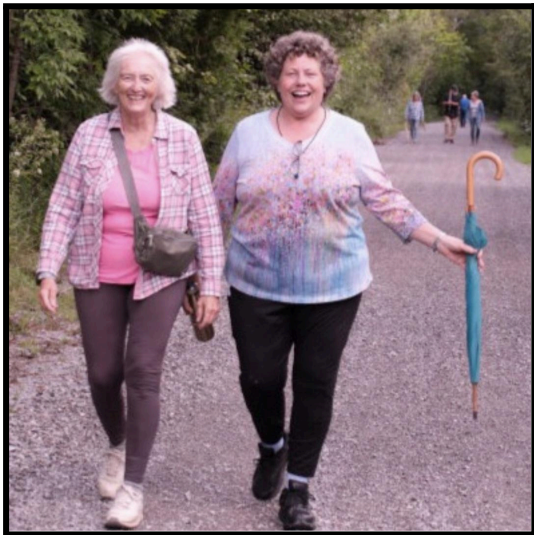
The 2024-25 fiscal year saw an increase in signage, use of social media, and community partnerships.

The announcement of another doctor, who was accepting new patients, brought considerable attention to the KDHSF.

Build Capacity Within the Foundation to Ensure Sustainability and Effectiveness



In 2024-25, three new members joined the Foundation. For two years in a row, the Foundation has had a full slate of Executive Officers. Directors continue to build their expertise relevant to their roles in the Foundation. Visit www.kdhc.ca for more details.



Establish Sufficient Revenue Sources to Support the Needs of the KDHC and the Health of the Surrounding Community

Although 2024-25 saw increases in donations to both the Journey for Health and the Christmas Appeal over previous years, the Foundation requires additional funding sources in order to recruit a third physician for the health centre, which would bring a significant improvement in services for the community.

Promote Support Services to Meet the Health and Wellness Needs in the Community

In 2024-25, the KDHSF partnered with the Kinmount Legion to offer a series of Lunch and Learn events on a variety of topics related to health and wellness.

- Sharon Yeo, from Hospice Services, Community Care City of Kawartha Lakes.



Highlights from 2024-25

- Our multi-year effort to recruit a second doctor for the clinic was successful. Dr. Van Der Leden, our second full-time physician, began practising in February, 2025
- Jacquie Currins, RPN, began working part-time to provide women's wellness checks
- An electrocardiogram or 'EKG' machine was purchased
- Monthly Lunch and Learn Health and Wellness events were well-received
- Journey for Health and Christmas Appeal raised more funds than in previous years
- 'Welcome to Kinmount' electronic information package was completed
- A five-year Strategic Plan for the Foundation was developed

The Foundation is proud to support the expansion of the Kinmount District Health Centre, a thriving community health centre which:

- Doubled the capacity to provide primary care to our citizens
- Enabled 1685 visits to Vivian Wong-Svoboda, Physiotherapist,
- 133 visits to Mya Musselman's Smile Studio,
- 297 visits to West Nursing Foot Care



Looking Ahead: 2025-26

The Kinmount and District Health Services Foundation (KDHSF) will:

- Lead the recruitment of a third physician for the clinic to alleviate high physician workload, expand hours of service and provide vacation coverage
- Focus on staff retention by ensuring our healthcare team has the support, resources, and equipment they need to continue providing excellent care
- Work with a variety of community outreach services to bring the necessary health and wellness resources to Kinmount

☆ Your input is essential in guiding future initiatives of the Foundation. We welcome your suggestions on health-related services, educational workshops, or support programs that would benefit the community. There are several ways to reach out to us:

- Email: kdhsf@kdhc.ca
- Mailing Address: Box 225, Kinmount, ON K0M 2A0
- Visit our website: www.kdhc.ca
- Follow KDHSF Facebook
- Send a message through Messenger.

2024-25 Fiscal Year Financial Report

		Actuals	Budget
Income	Total	\$50,889.64	\$49,400.00
	Grants from Organizations	\$11,000.00	\$10,000.00
	Donations - Regular	\$135.00	\$1,000.00
	Donations - Memorial	\$3,000.00	\$5,000.00
	Journey for Health	\$16,239.80	\$13,000.00
	Christmas Appeal	\$13,002.36	\$12,000.00
	Other	\$648.22	\$200.00
	Investments	\$4,796.27	\$4,800.00
	HST Rebate	\$2,067.99	\$3,400.00
Expenditures	Total	\$99,765.24	\$111,220.00
Foundation Operational Expenses	Office	\$212.98	\$250.00
	Insurance	\$2,183.00	\$2,150.00
	Website	\$0.00	\$500.00
	Banking Charges	\$48.00	\$50.00
	HST Rebated	\$4,224.18	\$3,400.00
	HST Non-Rebated	\$1,837.01	\$1,500.00
	Other	\$648.00	\$600.00
ARO	Activities, Retention & Outreach Expense	\$1,169.91	\$4,270.00
Building & Property	Regular - Exterior	\$920.00	\$3,000.00
	Regular - Interior	\$7,355.88	\$8,000.00
	Furniture & Fixtures	\$1,223.38	\$2,000.00
	Computer & IT	\$8,371.83	\$7,500.00
	Medical Equipment	\$8,969.95	\$3,000.00
	Special Project #1	\$0.00	\$4,000.00
	Special Project #2	\$0.00	\$1,000.00
Fundraising	Journey for Health	\$548.13	\$600.00
	Christmas Appeal	\$3,199.60	\$4,500.00
Recruitment	Advertising	\$4,798.51	\$4,900.00
	Recruitment expenses	\$21,999.00	\$22,000.00
	Financial Incentives	\$25,000.00	\$30,000.00
	Other	\$7,055.88	\$8,000.00

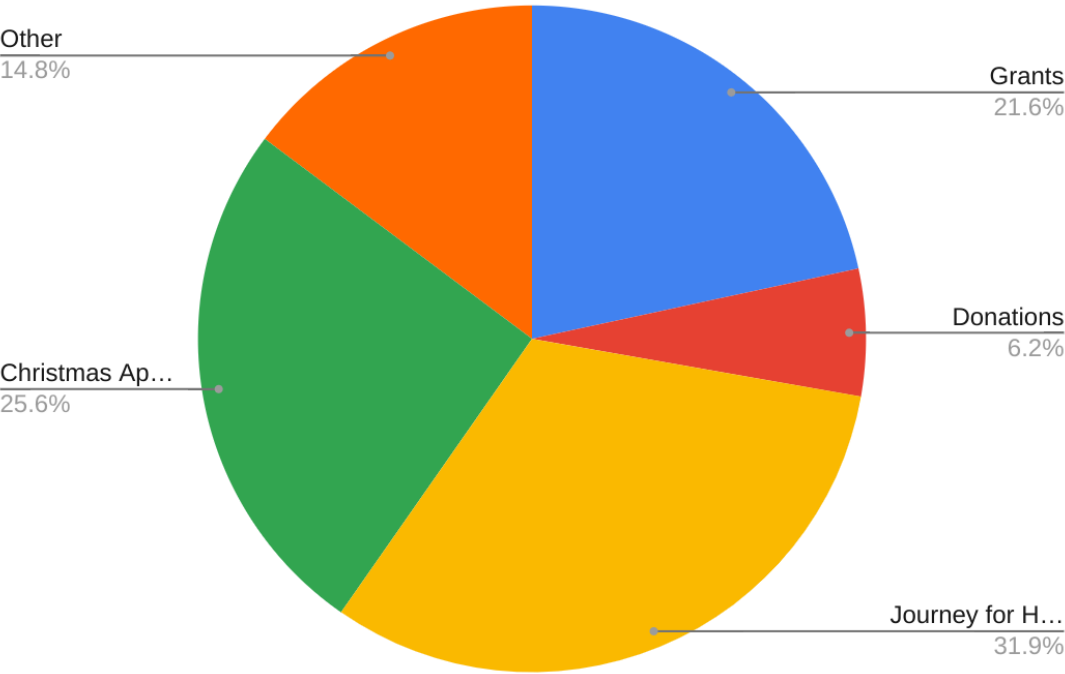
Total assets at year end \$74,159.15

Future year committed expenses \$33,000.00

Estimated cost range of recruiting a 3rd physician \$40,000.00 to
\$70,000.00

April 1, 2024 to March 31, 2025 Income and Expense Summary

KDHSF 2024-2025 Income \$50,889.64



KDHSF 2024-2025 Expenses \$99,765.24

