

Welcome to Kinmount & Area



Kinmount & District Health Centre

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Introduction

Kinmount and District Health Centre **Live, Work, Play!**



This guide will help familiarize you with life in Kinmount and surrounding area. It has been prepared by the Kinmount District Health Services Foundation (KDHSF) specifically to provide information to health-care professionals and their families who are exploring working in Kinmount and living in this picturesque area.

Email us at recruiting@kdhc.ca or call the KDHC at 705-488-1105 for more information.



Working at the Kinmount & District Health Centre

There are numerous reasons to work at KDHC. Here are three:

1. Unlike most health-care clinics, the KDHC is supported by a dedicated charitable foundation. The Kinmount District Health Services Foundation has been active since 1995, fundraising and working behind the scenes to help create the best possible work environment for health-care professionals at the Kinmount and District Health Centre. This includes caring for the building, funding capital projects, and equipping physicians' offices and examination rooms. KDHSF will also help, as needed, with the immigration process, finding housing, connecting with service providers, and becoming acquainted with the area.



2. The Kinmount and District Health Centre has plenty of free parking, a lovely bright reception area, furnished offices and examination rooms, a staff lunch room, lounge, and meeting room. An onsite pharmacy, foot care nurses, a registered physiotherapist, and a dental hygienist all contribute to making the KDHC a wonderful health clinic for staff and patients.

3. Physicians working at the Kinmount and District Health Centre may be eligible for over \$200,000 in financial incentives:

- i) \$30,000 Relocation Incentive from the Kinmount District Health Services Foundation;
- ii) \$88,000 for eligible physicians under the [NRRRI program](#); and,
- iii) Up to [\\$100,000 community physician recruitment incentive](#).



Area Health-Care & Emergency Services

The Kinmount and District Health Centre currently has a family physician, physiotherapist, dental hygienist, advanced foot care, a minor procedures room, a specimen collection room, and an on-site pharmacy. Another pharmacy is located on the main street.

Hospital and supportive health-care services for the area include:

- Minden Urgent Care Clinic (19 km)
- Haliburton Hospital (39 km)
- Ross Memorial Hospital, Lindsay (58 km)
- Soldiers Memorial Hospital, Orillia (76 km)
- Peterborough Regional Health Centre (78 km)

As Lindsay, Peterborough and Haliburton are the closest larger communities, a number of health services are provided to residents of Kinmount and area by organizations based there including Home and Community Care and public health units.



Long term care facilities closest to Kinmount are located in Haliburton, Minden, Bobcaygeon, and Fenelon Falls.

Paramedic, fire, and police services are based throughout the area and provide full 24/7 response.

Kinmount

Kinmount is located at the intersection of three municipalities: Haliburton County to the north, Peterborough County to the east, and Kawartha Lakes to the west and south. The Kinmount and District Health Centre serves patients from all three municipalities.

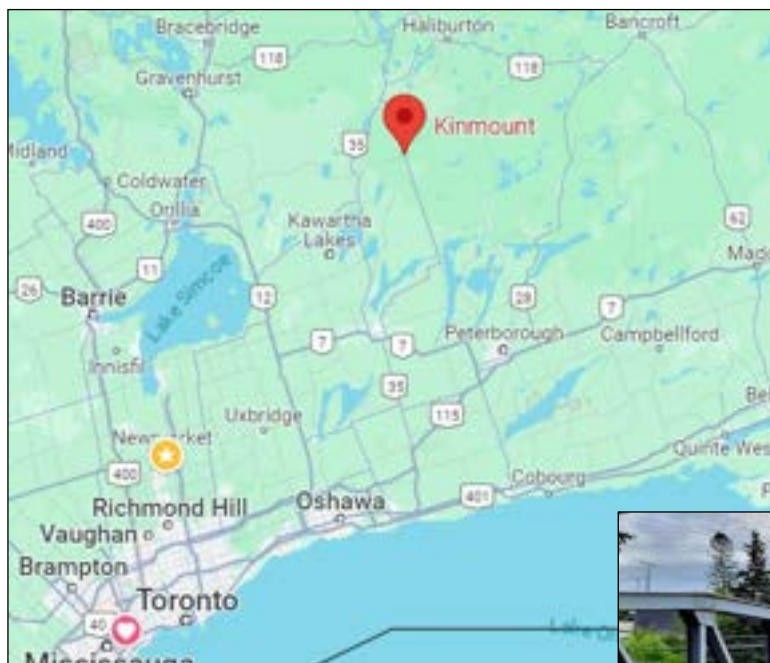


The village of Kinmount is home to approximately 500 residents with over 10,000 people living in the surrounding district.

The vast majority of residents in this area of Ontario speak English.



The rural area around Kinmount includes numerous small, vibrant villages, such as Norland, Coboconk, Gooderham, and Burnt River, which host special events throughout the year, for example maple syrup festivals, baseball tournaments, and community dinners.



Larger towns to the south are Bobcaygeon, Fenelon Falls, and Lindsay. To the north, are Minden and Haliburton. To the west are Orillia and Barrie, and southeast is Peterborough.



Housing Opportunities

Most residents in Kinmount and the surrounding district live in detached, single-dwelling houses. In addition to homes in the communities of Kinmount, Norland, Minden, Burnt River, Bobcaygeon, Fenelon Falls and other villages, many residents choose to live in rural areas. These include farmland, forests, waterfront, and various combinations of the above. Condominium



living is available in the towns.

If you choose to live in or near Kinmount, you will find many essential services right in the village, including a

bank, post office, grocery store, general store, a real estate office, laundromat, library, community centre, cinema, and hardware store. There is also a liquor and beer store (LCBO), a choice of restaurants, and more.



Alternatively, some Kinmount and District Health Centre staff live in, or close to, one of the larger nearby towns, all of which offer a choice of banks, grocery stores, car dealerships, mechanics, clothing and shoe stores, restaurants, and various accommodation options.



[REALTOR.ca](https://www.realtor.ca) is one good source to get a sense of housing options in the area.



Minden is 19 km northwest of Kinmount. It has an Urgent Care Clinic, a long term care facility, an elementary school, a choice of grocery stores, restaurants, hardware stores, boutiques, automotive services, recreational facilities, a library, art gallery and cultural centre.

Haliburton is 39 km northeast of Kinmount. It has a hospital, an elementary and a secondary school (including a French Immersion program), Fleming College Haliburton School of Art & Design, recreational facilities, choice of grocery stores, restaurants, numerous boutique stores, and is a hub for the artistic community.



Bobcaygeon is 29 km south of Kinmount, located between Sturgeon and Pigeon Lakes, with the Trent Severn Waterway running through the town. Bobcaygeon is a popular tourist destination and retirement community.



There is an elementary school, recreational complex, and wide range of retail stores and services.

Fenelon Falls is 34 km southwest of Kinmount, between Cameron and Sturgeon Lakes. Fenelon's normally quiet streets swell with summer visitors who come to enjoy the lakes, parks, eateries, museum, and views of the falls and boats passing through the Trent Severn Waterway lock.

Connectivity

High speed internet is available in Kinmount and throughout the surrounding area. Reliable and affordable cell phone service is available through a choice of providers.



Child Care

[Bobcaygeon Nursery School and Daycare](#) caters to children from infancy to twelve years old, offering early education programs with the focus on providing a nurturing and welcoming environment where children actively engage in positive and interactive experiences tailored specifically to each child.

[Compass Early Learning and Care](#), Minden, values trusting relationships with families and community, and strongly believes in the importance of outdoor play and connecting with the natural world.



[Fenelon-Langton Childcare Centre](#) is located in the Langton Public School in Fenelon Falls. The centre has four programs, the Toddler room, the Preschool room, the Kindergarten Club and the School Age program. The Kindergarten Club and the School Age program run before and after school hours and are open full days during the summer months as well as P.A. Days and holidays.

Additionally, there are many private, home-based licensed daycare operators throughout the area.



Education



Local school boards:

[Trillium Lakelands District School Board](#)

[Peterborough Victoria Northumberland and Clarington Catholic School Board](#)

Elementary schools (Junior Kindergarten to Grade 8)

Bobcaygeon Public School, Bobcaygeon
Langton Public School, Fenelon Falls
Archie Stouffer Elementary School, Minden
Ridgewood Public School, Coboconk



Secondary schools (Grades 9 - 12)

Fenelon Falls Secondary School, Fenelon Falls
Haliburton Highlands Secondary School, Haliburton
St. Thomas Aquinas Secondary School, Lindsay
Lindsay Collegiate and Vocational Institute, Lindsay (offers AP courses)

French Immersion schools south of Kinmount:

Leslie Frost Public School, Lindsay (JK - Grade 6)
Central Senior School, Lindsay (Grades 7 - 8)
I.E. Weldon Secondary School, Lindsay (Grades 9 - 12, also offers the International Baccalaureate program)

French Immersion schools north of Kinmount:

Stuart Baker Elementary School, Haliburton (JK - Grade 3)
J.D. Hodgson Elementary School, Haliburton (Grades 4 - 8)
Haliburton Highlands Secondary School, Haliburton (Grades 9 - 12)

Post-Secondary Schools

Fleming College – Haliburton School of Art + Design
Fleming College – Frost Campus, Lindsay
Fleming College – Peterborough Campus
Trent University, Peterborough



Activities for Families with Children

Whether you have toddlers or teens, or a whole bunch of inbetweens... you will find a wide choice of enriching activities offered in various locations across the three municipalities.

There's:

Riding

Dance

Karate

Piano

Arts

Sports

Clubs

Scouts

Camps

Skiing

Gymnastics

Swimming

and much more!



Here's a taste:

- A large variety of programs are offered by schools, libraries and recreation centres.
- Community centres, arenas and athletic organizations are found throughout the area and offer a variety of opportunities for exercise and organized sports such as hockey, skating, skiing, baseball, soccer, pickleball, badminton, squash, tennis, dance, curling, volleyball, basketball, rugby, and martial arts. Details can be found at **Kawartha Lakes Sport & Recreation Council** www.klsrc.ca
- Forbert Pool & Workout Centre in Bobcaygeon offers aquatic programs for all ages as well as a full range of exercise equipment.
- Many day, overnight, and summer camps operate throughout the area offering children opportunities to develop skills while learning about the natural world. www.myhaliburtonhighlands.com/summer-camps
- [Kawartha Lakes Haliburton 4-H Association](#) offers a variety of projects from learning life skills to raising livestock.
- [Abbey Gardens](#) offers local food shopping, interpretive trails, heritage breed displays, programming and event space, picnic area, gardens, and more.



Libraries

Residents in Kinmount and area have access to the [Kinmount library](#), with other branches in Bobcaygeon, Norland, Coboconk, Fenelon Falls, and Minden. All libraries offer access to computers, special programs for children and a variety of clubs for adults in addition to lending books, online items, magazines and DVDs, and much more.



The Arts

A short drive in any direction from Kinmount leads to numerous venues for viewing or participating in the local arts scene. From crafters and visual artists to music festivals, dance and live theatre, there are many creative individuals and groups practicing their craft.



Places of Worship & Spiritual Well-Being

There are several churches in Kinmount: Kinmount United Church, Kinmount Baptist Church, St. Patrick's Catholic Church, and St. James Anglican Church. Just south of Kinmount is the Buddhist Dharma Centre of Canada. There are a wide variety of places of worship in each of the local towns.

Service Clubs

Kinmount has a very active and supportive Lions Club and a branch of the Royal Canadian Legion. Other organizations such as the Rotary Club, Kin Club and Probus are located nearby in Minden, Fenelon Falls and Bobcaygeon.



Outdoor Recreation

Kinmount and its surrounding regions are four season playgrounds.

Golf options within half an hour of Kinmount

[Eganridge](#) near Bobcaygeon

[Monck's Landing](#) near Norland

[Blairhampton](#) near Minden

[Gull River](#) near Minden

[Pinestone](#) near Haliburton village



Skiers love [Sir Sam's](#), 45 minutes north of Kinmount.

There are several equestrian centres near Kinmount including [Lane's End Farm](#) and [Winding River Equine](#).



[Minden Wild Water Preserve](#) is a world-class whitewater site which hosts national and international competitions and is open to all.



Kinmount is central to some of Ontario's best tripping, backpacking, and hiking.

[Queen Elizabeth II Wildlands Provincial Park](#)

[Frost Centre and Poker Lakes](#)

[Algonquin Park](#)

[Kawartha Highlands Provincial Park](#)



Enjoying the Water



Kinmount is situated on the Burnt River, a popular canoe and kayak route. Other rivers nearby that are favourites with canoeists and kayakers include the Irondale, Drag, and Gull.



Haliburton County, Peterborough County and the Kawartha Lakes have been popular destinations for cottagers for decades. Closest to Kinmount you will find Crego Lake, Davis Lake, Crystal Lake, and Four Mile Lake.

Not much further away are Shadow Lake, Clear Lake, South Lake, Spar Lake, White Lake, Salmon Lake, and many more!

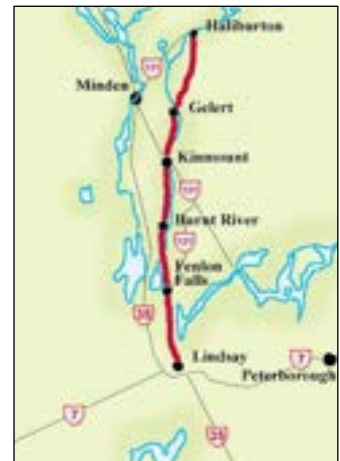
Whether you like swimming, boating, skiing, paddling, fishing or just sitting on the dock or deck listening to the loons, watching the mist rise in the morning and taking in spectacular sunsets, there is a lake for you.



Exploring the Land



Multi-use trails which were formerly railway lines connect Kinmount with Lindsay, Haliburton and beyond. Snowmobile associations groom these trails during the winter months. In the other seasons, they are used by those wanting to explore beyond the roadways by hiking, cycling, horseback riding or driving off road vehicles. Networks of other trails and quiet side roads provide outdoor



enthusiasts access to woodlands and wetlands.



In the winter, cross-country skiing, hiking and snowshoeing are favourite activities for many residents and visitors.



The Altberg Wildlife Sanctuary just west of Kinmount includes 480 hectares (1,186 acres) of woodland and wetland. The reserve straddles the contact between the granite rocks of the Canadian Shield and the limestone of the Great Lakes–St. Lawrence lowlands, thus exhibiting a great diversity of flora and fauna.



Haliburton Forest and Wildlife Reserve, 64 km north of Kinmount is renowned for its Wolf Centre, Canopy Tour, camping and a multitude of adventures.



Canoe tripping, camping, and hiking trails are close by in the Queen Elizabeth II Wildlands, Algonquin Park, Frost Centre, and a multitude of other designated wilderness areas.



All around the village of Kinmount are forests which are home to moose, deer, wolves, fishers, foxes, beavers, and much more. Birding is another popular way of enjoying the outdoors in our area.



Local Attractions and Events

Kinmount is well known for:



[The Internationally Famous Highlands Cinemas](#)



[Kinmount Railway Station](#)



[Kinmount Fair](#)



[Music in the Park](#)



[Special Events](#)



[Kinmount Artisans Marketplace](#)



[Kinmount Farmers' Market](#)



[Historic Austin Sawmill Park](#)

Day Trips

The following destinations are just a few examples of popular day trips for residents and visitors to our area.

Furnace Falls	9 km
Minden Scenic Lookout	16 km
Elliot Falls	18 km
Minden Whitewater Preserve	26 km
Kawartha Settlers Village	28 km
Bobcaygeon Locks	29 km
Balsam Lake Provincial Park	32 km
Fenelon Falls Locks	34 km
Maryboro Lodge Museum	35 km
Kirkfield Lift Lock	42 km
Haliburton Sculpture Forest	43 km
Haliburton Skyline Park	43 km
Abbey Gardens	44 km
Sir Sam's Ski and Ride	57 km
Haliburton Forest & Wildlife Reserve	65 km
Dorset Tower	72 km
Canadian Canoe Museum	85 km
Lang Pioneer Village	91 km
Algonquin Provincial Park	106 km



Travelling to and around Kinmount



The Kinmount and District Health Centre is 185 km from Toronto's Pearson International Airport. Excellent roads connect Kinmount to Toronto and the airport, with a choice of routes that includes direct, high-speed toll highways for part of the trip, toll-free multilane highways, and more leisurely scenic routes that are longer, but provide opportunities to enjoy the beautiful countryside and quaint towns along the way.

Distances from KDHC to major urban locations in central Ontario:

Lindsay: 58 km

Orillia: 78 km

Peterborough: 78 km

Barrie: 112 km

Downtown Toronto: 178 km

Downtown Ottawa: 300 km



Further Information

The following links provide more information about Kinmount and our surrounding communities.

Kinmount and District Health Centre

www.kdhc.ca

[KDHC Promotional Video](#)

Kinmount

[Kinmount Video](#)

Bobcaygeon

www.visitbobcaygeon.com

Kawartha Lakes

<http://www.explorekawarthalakes.com/>

[Kawartha Lakes Doctor Recruitment Video](#)

Haliburton County

www.haliburtoncounty.ca

[Haliburton Highlands Promotional Video](#)

Municipality of Trent Lakes

www.trentlakes.ca

