



Kinmount & District Health
Services Foundation
invites you to join our
24th Annual
Journey for Health
Sunday August 14, 2022

A fundraising event
to support the
Kinmount & District
Health Centre

We need your support!

Funds raised will assist in our ongoing efforts to recruit additional health team members and to make improvements to the Kinmount Health Centre.

Please join us!

Collect pledges, then walk, run, or cycle, the 7 km route along
The Victoria Rail Trail,
Austin Sawmill Heritage Park.
Challenge your friends and family
to support this important cause.
Sunday, Aug. 14, 2022
9:00 AM to 11:30 AM
Registration 9:00 AM
Light refreshments will follow.

For more information
email
kdhsf@kdhc.ca

Donation Information

Pledge forms available at:

Kinmount & District Health Centre
Kinmount Pharmacy

Remedy's Rx - Kinmount Downtown Pharmacy
www.kdhc.ca

Please bring pledge forms and donations to register the morning of the walk.

If you are unable to attend, donations may be submitted via:

E-transfer: donations@kdhc.ca
Online: canadahelps.org
Drop off: Kinmount Health Centre
Mail: KDHSF
P. O. Box 225
Kinmount, ON K0M 2A0

The Kinmount Pharmacy will generously match the participant who raises the most pledges to a maximum of \$1,500.