



**Kinmount District Health  
Services Foundation**

**Invites you to join  
our 23rd Annual  
Journey for Health  
August 8, 2021**

A  
Fundraising Program  
To support the

**Kinmount District  
Health Centre**

**Due to Covid-19 we have cancelled the  
Journey for Health group walk.**  
Participants are encouraged to walk,  
following social distancing rules,  
on or before August 8th.

**Thank you for your past support.**

Funds raised will assist in our ongoing  
efforts to recruit additional health  
team members and to make  
improvements  
to the Kinmount Medical Centre.

**We need you!**

Walk, cycle, dance at your leisure.  
Challenge your friends and family  
to support this important cause.

**For more information  
please call:**

Joyce Brown	705-328-4412
David McKay	705-488-2175
Yvette Brauer	705-488-2282
Lee Ann Hobson	705-928-4222
Kim Restivo Galea	905-914-7481
Barb Millington	705-286-1320

**Donation Information**

Pledge forms available at:  
Kinmount District Health Centre  
Kinmount Pharmacy  
Kinmount Downtown Pharmacy  
[www.kdhc.ca](http://www.kdhc.ca)

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Please submit pledge forms and  
donations by August 12 via one of  
the following methods:

Mail- KDHSF  
P. O. Box 225  
Kinmount, ON K0M 2A0

E-transfer - [donations@kdhc.ca](mailto:donations@kdhc.ca)  
Online - [www.canadahelps.org](http://www.canadahelps.org)  
Drop off: Kinmount Medical Centre

The Kinmount Pharmacy will generously  
match the participant who raises the  
most pledges to a maximum of \$1,500